Crew off duty.

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		Breakfast
07:30-07:35	FE-1	Automatic IMS file import/export
08:30-08:35	CDR	ELEKTRON-VM: check amount of air in gas-liquid mixture (S-band)
08:35-08:40		Calldown of CΠ counter status (S-band)
08:40-08:45		Calldown of CBO water supply status (S-band)
08:45-08:50		БРПК separator inspection
08:50-09:10		Maintenance of СОЖ
10:15-11:30	FE-1	Physical exercise (TVIS)
11:30-12:30	CDR	Physical exercise (TVIS-2)
12:30-13:30		Lunch
15:30-15:45	FE-1	Private family conference (S-band)
16:30-16:45		Private psychological conference (S-band)
17:10-17:25	CDR	Private family conference (S-band)
18:00-19:30		Physical exercise (TVIS-2)
18:15-19:30	FE-1	Physical exercise (RED)
19:30-20:00		Dinner
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR A	QUARIUS-B: equipment transfer, installation, and power up

Note: See OSTP for references to US activities.

End of radiogram